

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Freddie Van Heerden

Has successfully participated & completed the

40km Ezemvelo Presented by BoutTime & Navworld

held at Cowhouse Market.

**TIME** 02:15:57

**PACE** 17.65km/h OVERALL 51 of 226

**GENDER** 43 of 150

**ELITE** 10 of 24

02 April 2016, Sat





